## **Lend a Hand**Save a Life

Become a life saver in only 15 MINUTES at Hands For Life,

a **FREE CPR training event** that can teach anyone how to save a life.



9 a.m. - 3 p.m.

Westhill High School, Stamford

Join hands with us as we train 10,000 people in hands-only CPR.

NO REGISTRATION REQUIRED



www.handsforlife.org | #HFL2015







Training community members in Stamford, Darien, New Canaan and Greenwich

This event is supported by The Herbert & Nell Singer Foundation, Stamford Public Schools, American Heart Association, Stamford Downtown Special Services District, Chebea Piers CT, Ferguson Library and Avon Theatre among others.