



Investing in Critical Services for Stamford Residents to Enhance Quality of Life

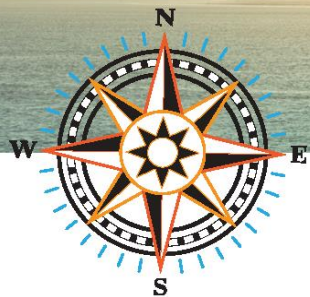
A Presentation to City of Stamford Representatives

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CEO, SilverSource



SilverSource
A Leading Resource for Older Adults



**We Cannot Direct the Wind,
But We Can Adjust the Sails.**

Providing a life-line since 1908

28,679 residents aged 60 +

21% of Stamford's population

16% aged 65+ live below the poverty line.

40% of seniors report food insecurity



Mission

- **SilverSource advances the dignity, independence and quality of life of older adults by**
 - providing guidance for families
 - **supportive services to those who are in need,**
 - engaging in community partnerships
 - advocating for sound public policies.

Did you know?

- **28,679 residents are aged 60 +**
2024–2025 Stamford Public Schools (SPS) serves approximately 15,640 students
- **16% of Stamford's seniors are living in poverty (est. 4,600 people)**
- this is higher than Stamford's overall rate (9.1%)
- **7% have income of less than \$10,000**
 - **22% are living on less than \$20,000**
- **Wait list for senior housing is 2-6 years**
- **40% of seniors report food insecurity***



(United Way Food Collaborative, Senior Subcommittee)

Did you know?



- **21,384 services provided to seniors in Stamford in 2024**
- **\$405,000 in financial support.**
- Age 60 – 102
- Average age 77
- 30% Live Alone
- 73% are female
- Veterans, Employed, Unemployed, Retired
- Our staff speaks 7 languages!

Did you know?



Trends

The older adult population in Stamford is projected to grow to 32,500 by 2030

13.3% increase

This trend aligns with broader demographic shifts both statewide and nationally and underscores the importance of planning for enhanced healthcare services, senior housing, and community support systems to accommodate needs of an aging population.

Purpose



Provides a **safety net to seniors**

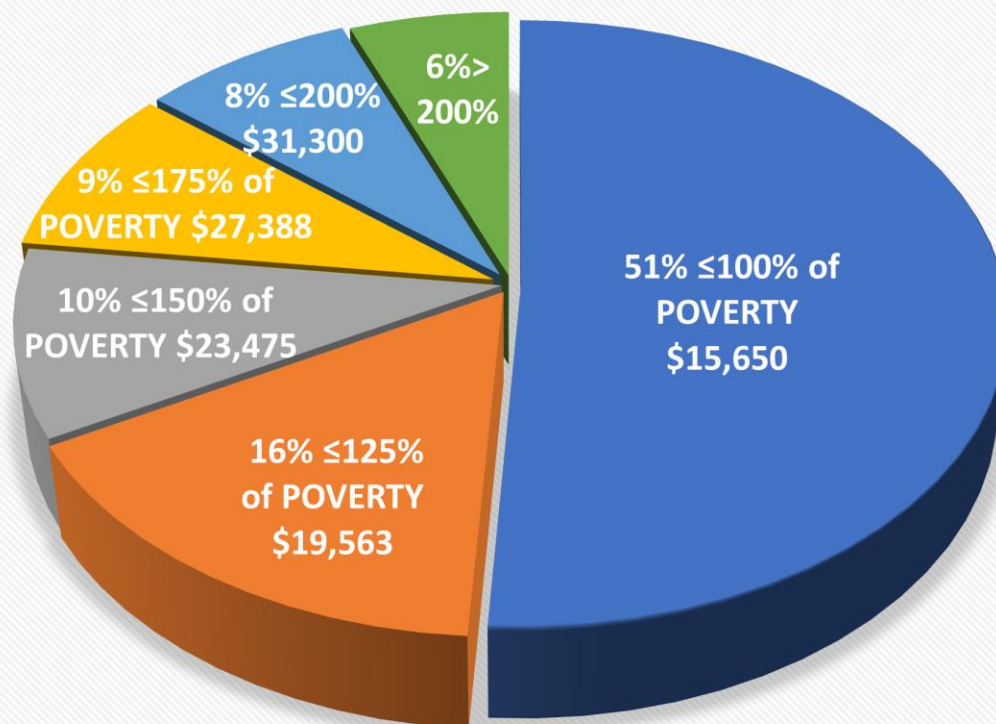
- to keep a roof over their heads,
- with the heat and lights on,
- food on the table and
- the medical care they need

Poverty Levels

70% of clients have income of \$22,590/yr. or less

SILVERSOURCE INDIVIDUAL ASSISTANCE CLIENTS

2025 US DEPT. OF HEALTH AND HUMAN SERVICES (HHS) FEDERAL POVERTY GUIDELINES



Theory of Change

Strategies and Outcomes

Theory of Change is a methodology for planning, participation, and evaluation that is used to promote social change by connecting long-term goals to the initiatives that will help achieve them.

Population Helped	Strategies and Services	Helping to Improve the stability and support for older adults in the greater Stamford area, including Norwalk, New Canaan, Darien and Greenwich	
		Initial Outcomes	Longer Term Outcomes
Individuals- and families– often experiencing poverty – with unmet social, economic, health and nutritional needs	<ul style="list-style-type: none"> • Support for • Housing, homecare, utilities, safety devices • Medical care and Rx funding • Support for Dental Vision and Hearing care • Mental health referrals • Linking services connecting individuals through partner agencies • Accessing government benefits, mental and physical health interventions, education, and other services. • Integrated with partner agencies where needed. 	<ul style="list-style-type: none"> • Response to health and social inequities, particularly as they effect communities of color. <ul style="list-style-type: none"> • Improved health and wellness of residents • Greater access to needed services and regular medical care 	<ul style="list-style-type: none"> • Improved access to benefits and resources for healthcare and nutrition • Reduced eviction rate for seniors • Reduced hospitalizations due to chronic disease • Reduced ER visits • Improved access to healthcare with affordable transportation
Seniors who find themselves homeless	All of the above, plus: <ul style="list-style-type: none"> • Emergency housing • Specialized food services • Consultation and referrals to other supports • Application assistance for benefits 	<ul style="list-style-type: none"> • Greater safety • Restored dignity and hope • Reduced suffering • Greater access to needed services 	<ul style="list-style-type: none"> • More people living independent, productive lives

SilverSource - How we help

Seniors in need of support

Individual Assistance Program

Housing

Hunger

Health Care

Heat/Energy Assistance

Outreach

Seniors in need of mobility

Medical Transportation

“Ride to Wellness”

Free, safe, reliable rides to and from healthcare appointments.

Community in need of help

Information Resource Center

Aging issues referrals and connections

Housing Stability

Eviction protection/homelessness prevention

- SilverSource works to prevent homelessness resulting in significant savings for the community *(\$30K - \$50K/pp/yr)
- Reduces number of people in shelters
- Addressed housing stability issues of 588 older residents.
- Prevented 207 evictions

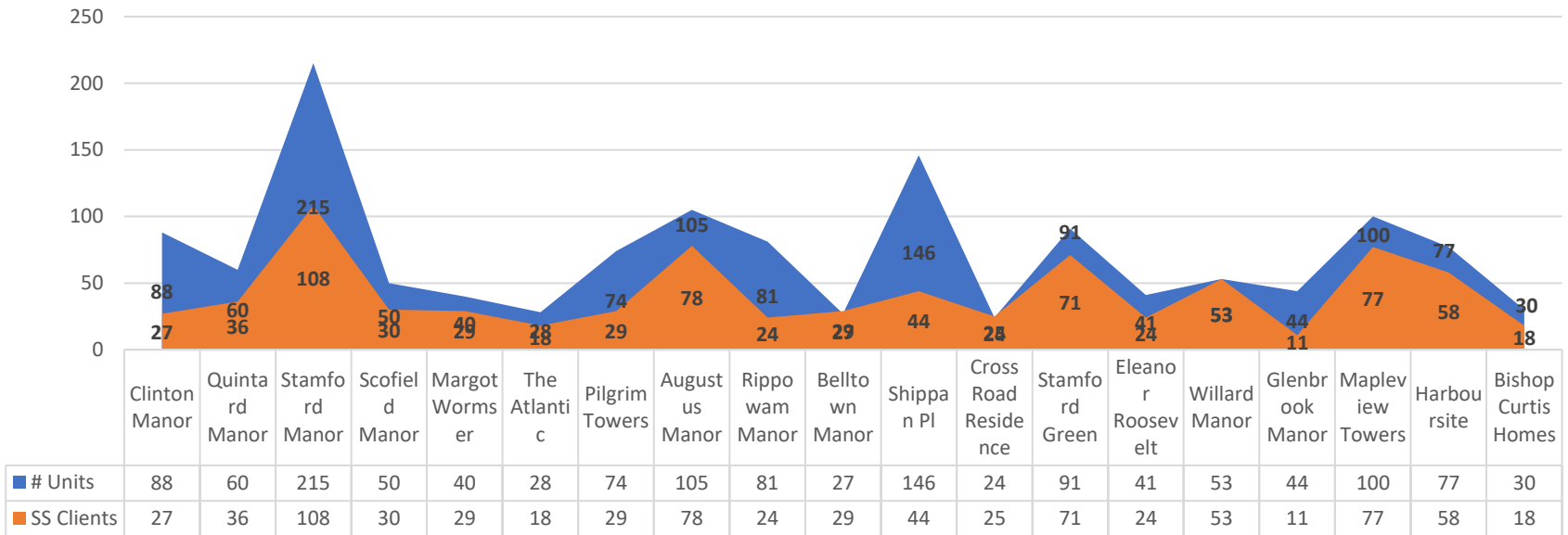
* **Overall Public Costs for homelessness:** Research indicates that when combining healthcare, law enforcement, and social services, the annual cost per homeless individual can range from \$30,000 to \$50,000.



Housing Stability

SilverSource supports 60% of seniors in subsidized housing annually

Senior Housing



■ # Units ■ SS Clients

Housing Stability

- Housing costs are 74% higher than national average
- The lack of affordable housing is one of the top challenges facing our area.
(Stamford Health Community Needs Assessment 2022)
- Older adults are the most likely group to pay too large a percentage of their income for rent.



Medical Care

Includes **financial support** and **case management** related to uncovered medical costs including:

- Prescriptions
- Dental care
- Vision and eyecare
- Hearing tests, hearing aids
- Medical equipment and supplies



Transportation **Ride to Wellness**

- Removes cost as a barrier to health care
 - Preserves limited incomes for rent, utilities, food, prescriptions
 - Saves seniors \$600-\$1200 year – *a rent payment for some*



**Provided nearly 6,000
cost-free rides
to and from medical
appointments, including
dialysis and chemotherapy**

Nutrition/Food

Nutrition/Food Program provides:

- **Grocery deliveries to homebound seniors**
- **Food cards**
- **Caring Connections packages**
- **Farmers Market coupons**
- **Volunteer Shoppers**
- **SNAP applications**



Age Well: Information Resource Center

SilverSource provides guidance and information to anyone seeking assistance.

We meet people where they are:

- **Ferguson Library**
- **Building One Community**
- **Home Visits**
- **Hospital**
- **Rehabilitation Centers**
- **SilverSource Office**





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